

St. Rose Confirmation Requirements

1. Registration

a) You may find our Confirmation packet on our website www.strosepdx.org, located under "Sacramental Preparation" under the Resource, pick up a packet at the back of church, contact Laura Altenhofen (laura.altenhofen@gmail.com) or pick up a registration form in the office. All required paperwork, including Baptismal certificates and fees must be paid by our Parent/Candidate Meeting on September 23, 2017

b) Candidates and parents are required to provide an active email address that is checked regularly and candidates need to register their phones on the app "Remind."

c) A "Password" protected link of our Confirmation website on www.strosepdx.org will be sent to each parent/candidate where they will be able to access photos, videos, calendar and a message board to keep up to date with activities.

2. Confirmation Sessions

Sessions will consist of both Youth Ministry/SNL (Saturday Night Life) in Year 1 and formal catechesis in Year 2. A master calendar is included in this Confirmation information as well as on our Confirmation website packet so candidates can identify dates and times of all classes.

* Youth Ministry/SNL (Saturday Night Life): Year 1 candidates will engage actively in the youth-led Mass and Youth Group during Youth Sunday, the 3rd Sunday of every month. We recognize that there is development and maturity differences between grades 8th and the high school grades, youth group will be divided based on grade levels with 8th grade engaging and continue being leaders in the middle school area of Children's Ministry and high school in their respective youth group. In order to begin their preparation, all Confirmation candidates of all grade levels will come together every other 3rd Saturday for Saturday Night Life (SNL) in addition to Youth Sunday. They will begin their Confirmation journey

during these SNL sessions and as they go into Year 2 will be able to dive deeper into where this journey will take them after Confirmation so that it isn't just a "graduation."

* **Format:** Classes are designed to not only teach the information needed for the Sacrament but to cultivate the faith to each candidate in a personal way. We will be using Matthew Kelly's Decision Point Confirmation Series as our primary resource but will also be using various other resources (Chosen, OneEight, YouCat) so that the candidates will gain a comprehensive and diverse knowledge of our Catholic faith and what Confirmation truly means.

* **Attendance:** All youth are required to attend every class session. If you must miss a class session it is the candidate's responsibility to contact me ASAP. If too many sessions are missed there will need to be a one-on-one meeting with Fr. Matt and myself to discuss ways of making the necessary classes up or if Confirmation should be delayed for the candidate at this time.

3. Sunday Mass

The Mass is the source and summit of our Catholic faith, and all candidates, parents and sponsors are expected to attend Mass every Sunday (or Saturday vigil) and Holy Days of obligation during the two-year Confirmation period. Candidates must attend the 10:30am mass on the 3rd Sunday of each month for our Youth Mass.

4. Retreats/Rally/Conference

* **Retreat:** Why a retreat? God uses time when we take a break from our everyday lives and distractions to communicate with and reveal himself to us. Jesus would often go off by himself to pray and be with God. We will be having two NET Retreats, one per year in February, a Candidate/Sponsor mini-retreat during our second year and possibly a final overnight "end of session" retreat in June 2019. We are hoping that experiencing multiple retreats during this two year preparation that their personal relationship with God is transformative and deepened. We also hope that by each candidate will encounter

Christ in a new way and bond with each other through activities, prayer, small groups and talks. The dates for our first NET Retreat have not been finalized but are absolutely mandatory. Will will have a definitive date by October or sooner so everyone can arrange their schedule.

* **Rally:** Candidates will be required to attend one Rise-Up Rally in the 2-year preparation. The rally is held in March of every year; the date for the 2018 rally is March 2nd. What is the Rise Up Rally? A day long gathering of youth from all across the diocese. More details will follow.

* **Steubenville Northwest Youth Conference:** We will be attending the 2018 Steubenville Northwest Youth Conference in July. Registration and fundraising will begin in January for all who are interested in attending. This is a powerful conference for our youth from all over the NW

5. Service

These are just a few of the service activities that we will be doing over the course of our Confirmation journey and we encourage all candidates to volunteer in any of the church ministries. You will find a list of St. Rose ministries and their contact information on our website. It is our hope that each candidate learn and become fully involved with St. Rose - We need you!

- * St. Vincent de Paul Food Drive: Dates to follow
- * Disabilities mass and social
- * Hospitality (Greeting, Coffee & Donuts)
- * Participating in Youth Sunday Mass

6. Select a Sponsor and Confirmation (Patron Saint) Name

Each Year 1 candidate will need to select a “patron saint” as their Confirmation name and a sponsor who meets the requirements.

* **Choosing a Saint:** All candidates will be asked to spend some time thinking and praying about a saint to choose as their patron for their life and write a brief essay on this saint. Confirmation saints should be a person they want to be like that teaches them something about how to live as a Christian. These saints then

become someone prays for them from heaven for the rest of their lives. Youth should desire to be like their saint!

* **Choosing your sponsor:** Sponsors must be at least 16 years of age, baptized and confirmed, an active and practicing Catholic and someone other than father and mother. There are members of our parish who would be honored to be a “mentor” and sponsor to the candidate if they so desire. Besides cultivating a faith-enriched relationship with their candidates, sponsors are asked to attend Mass with their candidate as often as possible and be with them as a guide on this journey. Only one sponsor is required for Confirmation and the sponsor may be of either sex. Sponsors will need to attend the Confirmation rehearsal and the Confirmation Rite. If, for some reason, the sponsor is unable to attend any of the required events, then we will work together to find an appropriate proxy.

7. Letter to Bishop

Each candidate in Year 2 is required to present a well-written, typed letter explaining what Confirmation means to them personally and why they wish to be confirmed. The purpose of this letter is to help clarify what is happening in their faith journey. We will send the letters to the office of Bishop Peter Smith in June 2019. Candidates will learn more about this during the classes and as their journey progresses.

8. Miscellaneous

* Please, “Like” us on Facebook and “Follow” us on Twitter and Instagram (@strosexpx), and register your cell with the app Remind

* We are hoping to take a couple of fun field trips to the Grotto in December to support our Youth Choir and to go inner tubing up on Mt. Hood sometime during the winter. More information to follow.

10. Confirmation Fees

To help facilitate our Confirmation program the following fees apply: \$50 which covers Food & T-Shirt. There may be additional cost for retreats. Need-based scholarships are available to those who qualify. Please contact the parish office for

more details.